

Achieving Your Dream Life in Reverse!

“So tell me, what is it you plan to do with
your one wild and precious life?”
- Mary Oliver, Poet

We talk on end about goal-setting and how it's just soooo important, but when we set these massive, ginormous goals, how do we accomplish them? Sometimes the goal is just too overwhelming, so we feel discouraged and give up. Then we proceed to beat ourselves up! **It's not that the goals are too big, but how we go about achieving them.** In this presentation you will learn:

- How to reverse engineer your goals by DECIDING and LETTING GO
- Why TIME is your most precious commodity and WHY it is vital that as women, we VALUE it as such!
- How goals and priorities are integral to living consciously and purposefully!
- Creating GOALS from your heart (i.e. no more “supposed to’s, should’s, or shouldn’ts)!
- Getting rid of the TIME MONSTERS: procrastination, lack of motivation and interruptions!



- KEYNOTE SPEAKER -

Kiva Leatherman, Wise Women Network

Kiva is the Founder and President of the Wise Women Network, which inspires and teaches women to live up to their worth - emotionally, physically and financially. She is also the host of Contact Talk Radio's “A Woman's Worth.”

Thursday, February 9, 2012

Harbor Event Center at the Marriott Residence
100 Deer Street in Downtown Portsmouth, NH
Socializing and Exhibitors (Optional): 11:45 to 12:30
Buffet Lunch and Program: 12:30 to 1:45

Members: \$25.00

Non-Members Before 2/4/12: \$25.00 - Non-Members After 2/4/12: \$30.00

Register at www.wiwnh.com
(603) 744-0400 / info@wiwnh.com

Hosted By:

